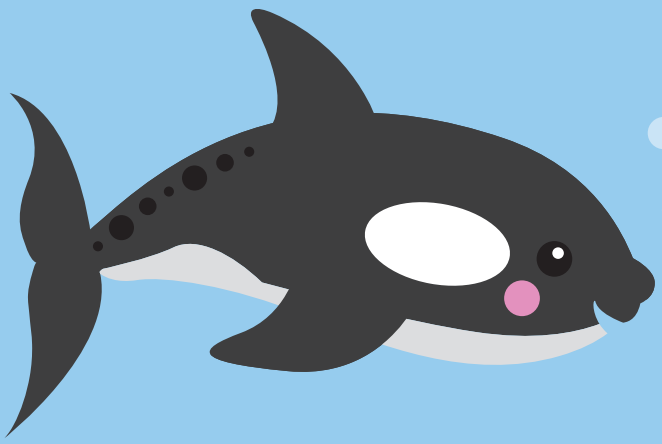

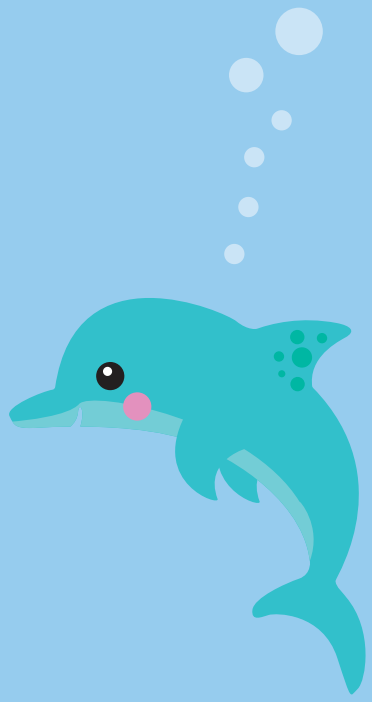

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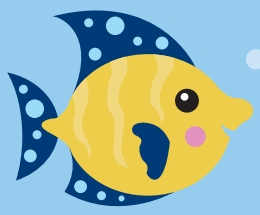
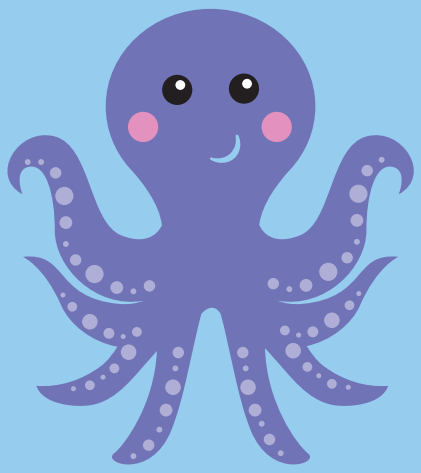
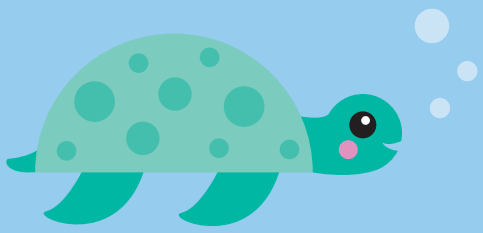


Crimdon Dene

Venue Information





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Facilities

Pool Size
13m x 6m

Showers
2

Disabled Access to Pool
NO

Pool Depth
1.2m

Toilets
2

Steps
YES

Average Pool Temp
30 degrees

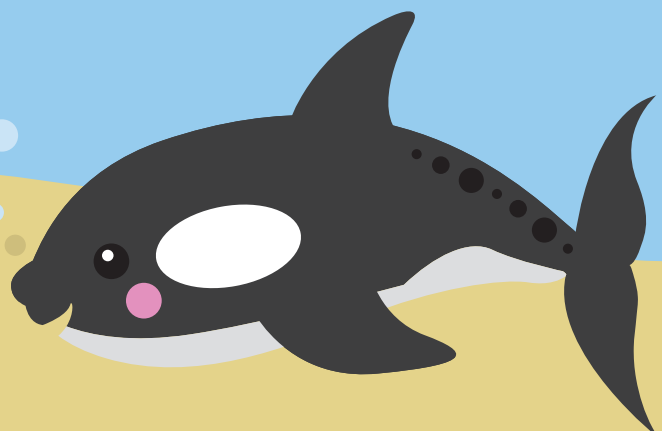
Family Changing
YES

Disabled Parking
YES

Access to Pool
Via main entrance

Snacks
NO

Parking Info
Use bays only



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Directions

Address:
Crimdon Dene,
Fillpoke Lane,
North Hartlepool,
TS27 4BN

Entrance & Parking

1.When entering the caravan park at Crimdon, follow the signs to the leisure complex. Please only park in a designated bay.

2. Head through the main entrance, continue through the arcade and the restuiarant. The swimming pool is located at the very back of the restaurant. It has a sign saying 'swimming pool'.

3. Once in the swimming pool, you come straight to the changing facilities, these are mixed cubicles, please find a changing room to get changed and then take your belongings on poolside.

4. Walk around the bottom edge of the pool to find the seats.

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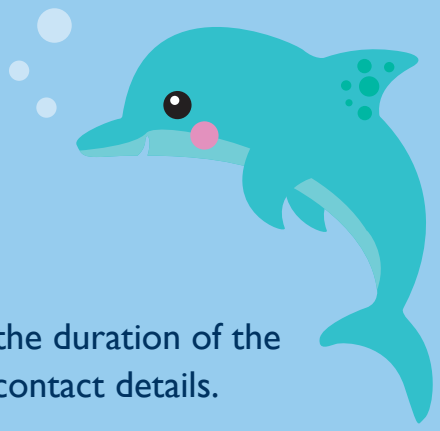
Helpful information



- For all under 9s please always remain in the building for the duration of the lesson. For over 9's please make sure we have your latest contact details.

- Be respectful to others. Make sure children are behaving appropriately. Give up your space in the changing rooms if you no longer need a space or have a gap in your lessons.

- Please report all concerns and any issues to a member of staff.

- Shower before entering the swimming pool.

- Read our welcome pack before attending.

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Evacuation Procedures

Whilst an evacuation during a lesson is unlikely to occur, all of our staff are fully trained in how to deal with a situation should it arise. We ask that you follow the instructions given by all staff within the facility.

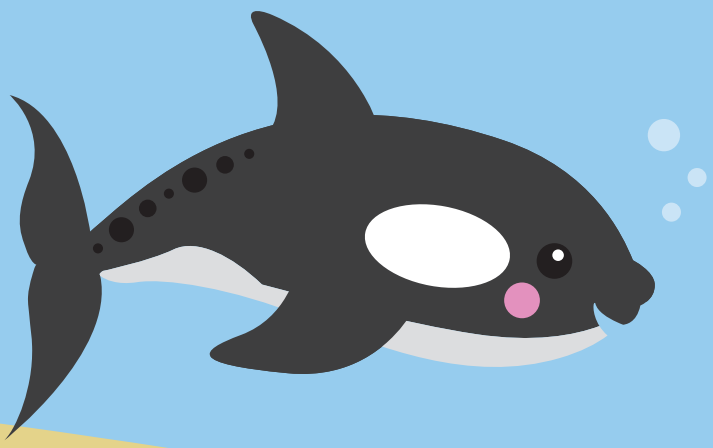
It may not be necessary to do a full evacuation of all swimmers out of the building and so they must stay on the poolside with supervision. This is to ensure that they are kept warm.

If a full evacuation is required, then swimmers will be brought to meet parents at the assembly points.

Parents / Public Evacuation Exit: Main fire doors on side of swimming pool.

Swimmers Evacuation Point: Main fire doors on side of swimming pool.

Assembly Point: Main Car Park.



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FAQ's

Q1.What equipment will be provided in the lesson?
All buoyancy aids and training equipment will be provided whilst you are on the Swimming Development Scheme.

Q2. When children arrive for the first time where should they go?
When your child turns up for their lesson they must not enter the water without the teacher's permission. Non-swimmers will be introduced to their teacher at the shallow end of the pool, children who are joining the scheme at a different level could be using a different part of the pool, please ask a member of staff where your meeting point is before the start of the lesson.

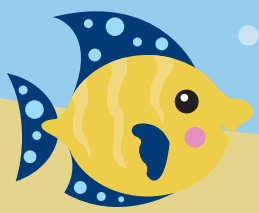
Q3. How do I find out the name of my child's teacher?
You can find out the name of your child's teacher by asking emailing Amii on strokesahead@outlook.com, she will have a plan of which teacher is teaching where and when. If your child's teacher is to change during their progression through the scheme you will be informed at the time of the change.

Q4. When is it possible to talk to my child's teacher?
If you wish to talk to your child's teacher please leave your details with Amii and the teacher will contact you at their earliest convenience. Parents who disturb teachers whilst they are teaching take up precious lesson time and we would ask parents not to do this.

Q5. Why do the children play games in the water?
Children play a range of games during swimming lessons particularly children who are introduced to the scheme as beginners. Children gain confidence by travelling around in the water and are encouraged to experiment with a variety of movement. Attaining confidence in these surroundings is essential and the child has to feel comfortable with and be confidence in doing what the teacher asks. Learning to put their face in the water and control their breathing at an early stage is essential for future development. Being able to perform a push and glide on the front and back as well as being able to float on top of the water is essential before specific stroke development can take place.

Q6. Why do the children do things other than just stroke skills?
As the child develops more of the lesson is spent on stroke development and appropriate lesson plans are put together to ensure continuing improvement takes place. The first part of the lesson is spent on reviewing what they learnt the previous week. The last part of the lesson is spent on a contrasting activity, which helps children attain different skills such as diving, treading water and surface diving. All of these skills help with their general water confidence and development and will be essential to pass specific badges during the scheme. Variation is also important to keep a child's interest and concentration.

Q7. Why can children spend a long time learning strokes in shallow water?
It sometimes seems as if children spend a long time in the shallow end during the early levels. This is because we use what is called a multi-stroke method of teaching. Children are learning front crawl, back crawl and breaststroke techniques at these early stages of development and the teacher wishes to ensure that their basic techniques are correct before moving them up to the next stage and into deep water or length swimming.



Q8. Why do we sometimes have to move lesson days and teaching
Children progress at different rates and those who have achieved appropriate levels move up a level. If the whole class move up a level we can often keep the same children coming together at the same time and with the same teacher. Sometimes children need to move from shallow water to deep water, or only some in the class have achieved the appropriate level to move up and we have to amalgamate groups, or the level your child has progressed to only runs on specific days. When these things happen, day, times and even teachers have to change to ensure your child is allocated a place in the appropriate group. If the change of lesson is not convenient, please contact the Receptionist who will in turn talk to your teacher and look for another appropriate class at a more convenient time within the current lesson scheme.

Q9. Why don't stand-in teachers give badges?
If your swimming teacher is absent from one of your child's lessons we ask them not to do awards with the children unless the regular teacher is going to be off for some time. This is because your regular teacher is looking after your child's long term development and knows your child's abilities best. It also gives your regular teacher a sense of achievement when your child passes an award.

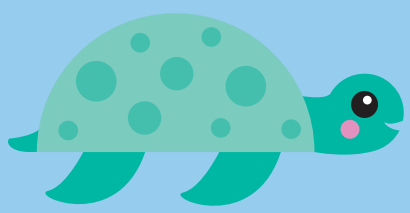
Q10. During a set of lessons, why does my child move classes?
Children are occasionally put in a class where the other children are of a different standard which would mean that your child's progress may be held back by the rest of the group or vice versa.

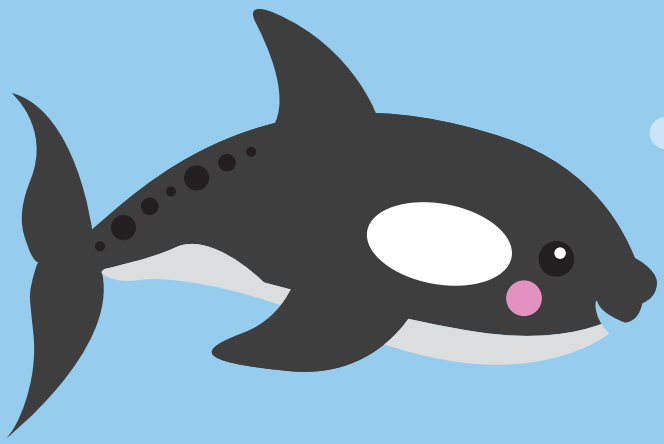
Q11. Why do children doing length swimming spend so much time on stamina training?
Children who progress through the scheme generally go onto length swimming when they have reached Level 5. At this standard children have to swim many lengths during their lessons as this will help develop their strength in the water, along with their speed and stamina and improve their stroke development. We recommend that children wanting to improve their swimming and stamina should join the Junior Swimfit lessons as doing any activity more than once a week will help with progression.

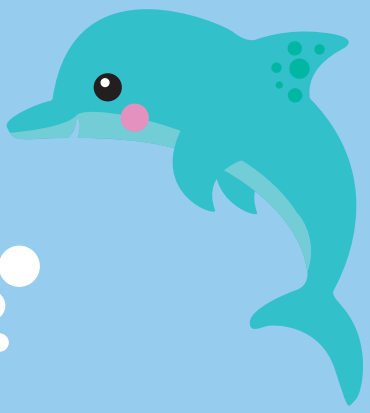
Q12. When do children move from width to length swimming?
Children generally move from width to length swimming when they have passed their Level 5. At this level a child's stroke is good enough to be tried over a longer distance.

Q13. When do children move up to a higher level?
Children move up the scheme as they show that they have appropriate skills and they can be done regularly and without distress.

Q14. Why do teachers teach all four strokes to children who are new to lessons?
Swim England recommends that all children should learn all four strokes from a young age and develop their skills and over a short distance such as a width of the pool.







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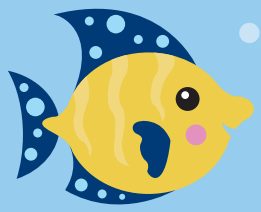

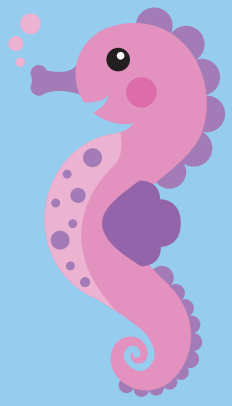

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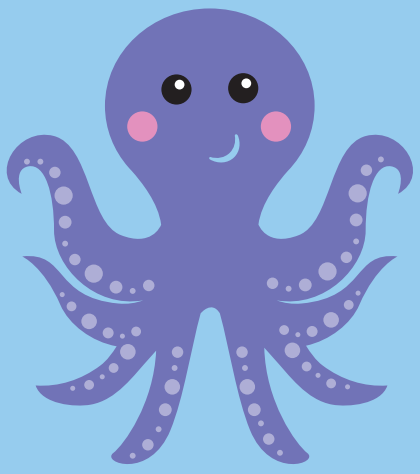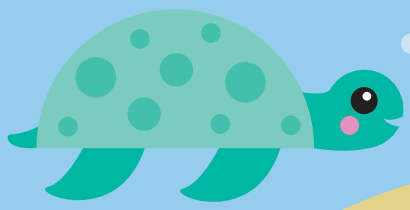
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